

purity and health for your wellness

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Chira is with us and back somewhere

Instructions The first Step to wellness

Preparing the AroMed ooo Vaporizer

- Wash out the waterfilter (1) and fill in a finger digit of water. Connect silicone tube and mouthpiece.
- Fasten the Waterfilter (flat side to electronic box) with the encluded rubber band (2). Avoid splashing water!
- Fill desired into the holder(3). Make sure there is a space of at least 5mm between the material and the glass of the heating element.(4).
- Now bend flexible arm with the heating element (4) into the holder. Touch the grip (5) carefully only above the groove. Press the grip onto the holder until they click together.
- Connect the AroMed ooo Vaporizer with DC current (90 to 250 Volts, 50 to 60 Hertz) with the net supply cable (6).
- The display (7) shows "standby" ("----")

Vaporizing

- Press the red button (8) at the front panel. Choose wanted vaporizing temperature with the plus+(9) and minus-(10) buttons. For optimum temperatures see plant index.
- While in the heating phase, a red dot is glowing constantly on the upper left side of the display. When the red dot is blinking, the system is heated to the chosen temperature. Now you can inhale soft and deeply. The red dot should blink all the time. If you inhale too hard, the red dot will glow permanently.
- Watch the plant material: if it is getting dark brown, the chosen temperature is definitely too high, adjust by pressing the "-" button.
- To switch off the AroMed ooo Vaporizer press the red button. The last chosen temperature will be stored. Pull the power supply cable, when not in use.
- We advice to clean the silicone tube, waterfilter and mouthpieces in boiling water or desinfect with proper desinfection lotion after use.

Plant index

Do not vaporize nor inhale substances unkown to you without advice of your non medical practioner or pharmacist!

Generally any tea or medical can be used with the AroMed ooo Vaporizer.

To intensify the effects, it is possible (and tasteful) to drink the used water out of the waterfilter, that will hold condensated active ingredients to some extent. Homeopathic liquids and traditional chinese medicine tinctures can be inhaled with the additional MagicGlassFoam (see accessories). Please ask your aromatherapist or non medical practioner for healing plants that will cover your needs.

To make this index easier to understand the vaporizing temperatures of the active substances are given in three categories. If the plant material is very dry and/or very fine grinded, you might try with lower temperatures first.

- □ = vaporizing temperatures up to 130°C / 266°F
- = vaporizing temperatures up to 190°C / 374°F
- ♦ = vaporizing temperatures up to 235°C / 455°F

	popular anise, star basil	botanical anisi fractus basilici	medical use bronchial system asthma, slimebuilding
_	basil	thea nigra folium	stimulating
	camomile blossoms	Matricariae flos	inflammation, bronchial
	cloves	caryophylli flos	germicidal, local painkiller
	coltsfoot root	farfarae folium	asthma, bronchial system
	cowslip blossom	primulae flos	in bronchial mixtures
	eucalyptus leaves	eucalypti folium	desinfecting, germidical, expectorant
	fennel, bitter	foeniculi amari fructus	in bronchial mixtures
	ginko leaves	ginko folium	vessel expanding, Goethe's Tonic
	guarana	guarana	stimulating
	hop cones	lupuli strobulus	sedating, stress syndroms
	hop glands	lupuli glandula	inducing sleep
	ivy leaves	hederae	in sedating mixtures
	kavakava root	kava – kava rhizoma	stimulating
	lavender blossom	lavendulae flos	stress, gall bladder symptoms
	lemon peel	citri pericarpium	aromatherapy: moodlifting
	lime blossom	tiliae flos	bronchial system

•	liquorice root lungwort marshmallow root maté tea melissa mint, crisped	liquiritae radix pulmonariae althaeae radix mate folium melissa spp. mentha piperita	bronchial system bronchial system bronchial system stimulating slight antispasmodic painful menstruation, gall secretion deficits
□ ◆ •	orange, bitter parsley passionflower pimpernel root purple coneflower root	auranthium spp. petroselinum crispum passiflorae pimpinellae radix echinacea angustifoliae radix	aromatherapy: moodlifting germicidal, urethic aromatherapy: moodlifting in bronchial mixtures stimulation of immune system
•	quebracho bark rauwolfia root ribwort leaves sage	quebracho bark rauwolfiae radix plantaginis lanceolatae folium salvia officinale	stimulating sputum against high blood pressure bronchial system stops sweatflow, slight antispasmodic
• • •	sage, purple Saint-John`s wort thyme valerian	salvia sclarea hyperici thymi valeriana spp.	strong antispasmodic, painful menstruation sedating, antidepressive Strong antiseptic, - bacterial. Whooping cough sedating

In the AroMed ooo Vaporizer only about 1/3 of the normal tea doses were applicated. Still the results were better. This is caused by immediate relief, whereas teas had retarded effects, sometimes after hours.

Please ask your aromatherapist or non medical practioner for healing plants that will cover your needs.

The AroMed ooo Vaporizer is only meant for personal use. Any commercial use requires the agreement of the manufacturer.

Important hints

The AroMed ooo Vaporizer offers many possibilities to inhale pure plant ingredients absolutely tarless and unburdened. Unadulterated aroma is set free and presents the opportunity of an extremely pleasent inhalation.

The system works simple, though very effective: an indulgent extraction of active substances either from fluids (with accessory MagicGlassFoam) at exactly chosen temperatures is possible. You can choose temperature in 1°Celsius or 2°Fahrenheit steps. More than 90% of the active substances are carefully yielded and smoothly inhaled. Thus a quick relief and a reliable as well as reproducable effect is guaranteed.

The smooth way of extraction of active substances allows a very accurate dosage. In comparison to burning substances, you will be able to inhale five to ten times as often with the AroMed ooo Vaporizer.

The pure and effective sensation

A clean hot air source and the waterfilter preventing dusts entering the bronchial system guarantee a healthy inhalation.

Only about one third of used for teas or when burned will be necessary when used in the AroMed ooo Vaporizer. Still the effects are equal or even better.

Precise and easy: Choosing the right temperature

- To switch between °Fahrenheit and °Celsius temperatures press "+" and "- "buttons together for about three seconds.
- If the material is getting dark brown while inhaling, the chosen temperature is definitly too high! Press the "-"button to lower temperature. The material should have a light brown color at the end of the inhaling process!
- Notice that when you inhale intensely the display temperature should be chosen higher than when you are inhaling very softly. The calibration average is an inhalation of three litres of air per five seconds.
- The heat source is an UV-light-free halogen bulb. As it is placed above the plant material, no vaporization does take place when not inhaled. When the AroMed ooo Vaporizer is switched on and not used, plant filling cools down to a point where no substances are evaporated. Substances will be evaporated immediatly when the user inhales again. This enables you to fill the AroMed ooo Vaporizer with some amount of material that can be inhaled with intervals of your liking.

Changing the halogen bulb or the built in fuse

- The customary halogen bulb (GY 6.35 socket, max. 50 W, best UV-free) can be easily exchanged when burnt out (which will take more than 1000 hours of constant use). Therefore unscrew the glass from the vaporizing head, while holding the handle tightly. Do not touch the bulb, use a clean peace of cloth or gloves. When screwing the glass of the vaporizing head, make sure the thermo-element (thin wire attached to the bulb socket) is not moved!
- A fuse (2 Amperes) is integrated into the plug board. When change should be necessary, replace with correct specifications.

Important!

- To prevent damages and faults please read this manual carefully and keep it with your AroMed ooo Vaporizer.
- Always keep the AroMed ooo Vaporizer supervised as long as it is in operating mode! If not used, please always unplug from electrical source!
- Never touch hot parts of your AroMed ooo Vaporizer with bare hands. Hot
 parts are holder and heating element when in use or shortly after. Generally
 keep the same precautions you would with a soldering machine or an electric
 iron!
- The glass parts are made of best borosilicate glass. Still we do not give any warranty on those parts.
- The AroMed ooo Vaporizer should only be opened and repaired by us! Otherwise we can take no warranty! Please ask your supplier.
- We take no warranty if the AroMed ooo Vaporizer was not handled with care or was used in another way than described in this manual.

Accessories for the AroMed ooo Vaporizer:

- MagicGlassFoam

For vaporizing all kinds of liquids.

- AromaTop

The AroMed ooo Vaporizer becomes a room fumigating device.

- Additional mouthpieces

They should be held, if several people inhale with the AroMed ooo Vaporizer.

Breathe pure nature The use of purple sage

This example explains the use of purple sage (salvia sclarea) with the AroMed ooo Vaporizer. Purple sage, as well as its varieties salvia officinalis (spice sage) and salvia divinorum (a variety used in traditional ethnobotanic treatments by latin american Indians), is a medical with a wide range of uses. It is given against bronchitis and other respiratory diseases and against all kinds of spasms. Further it is listed as a strong moodlifting in ayurverdic (Asian) therapy. Purple sage inherits strong antiseptic and antibiotic substances which can be inhaled with the AroMed ooo Vaporizer.

Fill the filterhead with app. 1/2 a teaspoon of purple sage and choose a temperature of 130°C / 266°F. The vaporizing temperature depends on the humidity of the material. The more humid the material is, the higher temperature has to be chosen.

Make sure there is a space of at least 5 mm between the vaporizing head and the plant material!

If the red dot in the upper left of the display starts blinking, your AroMed ooo Vaporizer is ready to use. Inhale soft, deep and constantly. Hold your breath as long as it is possible. When exhaling, you will taste the fine and unadulterated aroma. If you want to use your AroMed ooo Vaporizer In a group (e.g. for smoking ceremonies) we propose to use mouthpieces for the silicon tube.

Treatments with purple sage have been done with clients showing strong coughing or bronchial symptoms and female clients having menstrual spasms. An immediate relief for all patients was evident.

For bronchial and asthmatic complaints, mixtures with cloves and coldsfoot were very successful.

In cases of menstrual spasm syndroms, a mixture with willow bark (5 parts purple sage, 1 part shredded willow bark) brought relief within some minutes. Mixtures of materials should only be made, if their vaporizing temperatures do not differ more than +/- 25°C. Otherwise we propose to vaporize one after the other at their distinct temperatures.

The active substances will be extracted completely when the inhaled vapor is tasting like straw rather than aromatic.

As the airflow is calibrated to an avarage of 3 litres per 5 sec., if you draw harder, the vaporizing temperature will be lower, if you inhale softly, the vaporizing temperatures will be higher.

Supply of spare parts

Please E-Mail: research@AroMed.com

Technical Data

temperature range: 60 to 235°C, in steps of 1°C

152 to 458°F, in steps of 2°F

power supply: 90-250 V~

frequenzy: 50-60 Hertz

Power output: max. 65W

Microprocessor: NEC

EMV directions 89/336/EWG, EMVG Low voltage directions 72/23/EWG

Changes may be subject to latest technical standards and for better functions.



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